

#### **Program Overview**

- Time to complete: four semesters as a full-time student
- Full- and part-time status available
- 38 credit hours total
- Classes are offered in the evenings and during the day on Fridays on our suburban campus.
- Selected courses are available online.
- You will complete the Individual Supervised Practice Pathway (ISPP), which includes an emphasis in cultural diversity in child nutrition, with 1,200 hours of field experience divided between community, clinical, food service management, and specialty rotations. This meets the requirements to take the Registered Dietitian exam. Most students do supervised practice three days per week (21 hours/week).
- Academic advising will also be available to help you achieve required academic, clinical and professional milestones in the program.
- You may qualify for a waiver of the GRE.

#### **Professional Options**

Registered dietitians work in a wide range of settings:

- Hospitals
- Clinics
- Schools
- Local, state and federal government health departments
- Community organizations
- Private practice
- Businesses and marketing organizations
- Food industries
- Regulatory agencies
- Nutrition communications and consulting firms

## Master of Science in Nutrition with Supervised Practice

Our MS in Nutrition with Supervised Practice combines collaborative classroom education, practical research, and hands-on experience to develop your professional skills and prepare you for rewarding service as a Registered Dietitian Nutritionist (RDN).

### Get ready for a life of meaning and achievement

The MS in Nutrition with Supervised Practice prepares future leaders in the fast-growing field of nutrition and dietetics as fully competent entry-level professionals. This interdisciplinary program offers a strong foundation in community nutrition, using innovative and engaging teaching strategies. You will study evidence-based practices, develop leadership skills, and gain hands-on experience providing nutrition education to diverse populations within the community. Our Individualized Supervised Practice Pathway (ISPP) will enable you to complete your supervised practice experience and prepare fully for the Registration Examination for Dietitians.

#### An innovative program for a vital profession

This graduate program will position you for ongoing achievement in a rapidly expanding part of the health and wellness sector. According to the Bureau of Labor Statistics, the number of jobs for dietitians and nutritionists is projected to grow 15 percent between 2016 and 2026. Starting in 2024, the Commission on Dietetic Registration (CDR) will require a master's degree for entry-level registered dietitian nutritionists. As a graduate of Dominican's program, you will enter the profession with multilayered experience and a deep understanding of the complex role that nutrition plays in the lives of individuals, families, and communities. You will be well prepared for a wide range of clinical and community-based positions in this important and burgeoning field.



"Every course prepared me for what I'm doing today. But the most valuable part of the program were the experiences outside of the classroom. These experiences allowed me to visualize additional career opportunities within the field."

Stacie D. Miller
Program Graduate

#### Curriculum

#### You will complete 18 hours of core nutrition courses:

- NUTR 509 Advanced Clinical Nutrition
- NUTR 510 Food, Health, and Social
- NUTR 511 Counseling and Health Communications
- NUTR 512 Multicultural Approaches to Population Health
- NUTR 513 Research Methods
- NUTR 514 Advanced Metabolism

#### You will also take 20 hours of supervised practice courses:

- NUTR 501 Nutrition Supervised Practice I\*
- NUTR 502 Nutrition Seminar I
- NUTR 503 Nutrition Supervised Practice II\*
- NUTR 504 Nutrition Seminar II
- NUTR 505 Nutrition Supervised Practice III\*
- NUTR 506 Nutrition Seminar III
- NUTR 507 Nutrition Supervised Practice IV\*
- NUTR 508 Nutrition Seminar IV

\*Nutrition Supervised Practice I, II, III and IV are two-credit courses. All other courses are three-credit courses.

#### **In Summary**

This graduate degree prepares students for a career as a Registered Dietitian Nutritionist, focusing on the areas of public health/community nutrition or clinical nutrition. The supervised practice includes an emphasis on multicultural community nutrition, with 1,200 hours of field experience divided among community, clinical, food service management, and specialty rotations. Upon completion, students receive a Verification Statement for application to take the Registration Examination for Dietitians.

#### **Learn More:**

Please contact:

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**Enrollment Management** 



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## **Program of Study**

# Master of Science in Nutrition with Supervised Practice

SEMESTER	COURSES			CREDITS
Fall I	NUTR 501 NUTR 502 NUTR 504 NUTR 510	Nutrition Supervised Practice I Nutrition Seminar I Nutrition Seminar II Food, Health, and Social Justice	2 credits 3 credits 3 credits 3 credits	11 credits
Spring I	NUTR 514 NUTR 503 NUTR 511 NUTR 512	Advanced Metabolism Nutrition Supervised Practice II Counseling and Health Communications Multicultural Approach to Population	3 credits 2 credits 3 credits 3 credits	11 credits
Summer I	NUTR 506 NUTR 505 NUTR 509	Nutrition Seminar III Nutrition Supervised Practice III Advanced Clinical Nutrition	3 credits 2 credits 3 credits	8 credits
Fall II	NUTR 507 NUTR 508 NUTR 513	Nutrition Supervised Practice IV Nutrition Seminar IV Research Methods	2 credits 3 credits 3 credits	8 credits
			TOTAL	38 credits



"Our program has a very favorable faculty-to-student ratio. That means that the faculty can engage and mentor each student as an individual. It's a highly personalized approach to graduate education."

### Rose Ann Mathai, PhD

Associate Professor and Chair, Department of Nutrition Sciences