

# Campuses Leading Asian Student Support



Anti-Hate  
Action Center

Chinese American Service League

華人諮詢服務處

# Objectives

- Expand one's knowledge about anti-Asian racism and discrimination
- Gain practical skills to prepare oneself to safely respond and intervene in anti-Asian hate incidents
- Practice applying newly acquired skills in 'real world' interactive scenarios
- Identify resources that can be utilized in the aftermath of an incident
- Commit to actively supporting one's AANHPI colleagues and peers

**Content Warning:**  
**This presentation contains slides**  
**with anti-Asian slurs and**  
**derogatory language**

**What words come to  
mind when you think  
about Asian Americans?**

# Shared language

**AANHPI:** Asian American Native Hawaiian Pacific Islander (sometimes referred to as 'AAPI' 'APA' or 'Asian American')

**APIDA:** Asian Pacific Islander Desi American and intentionally includes South Asians

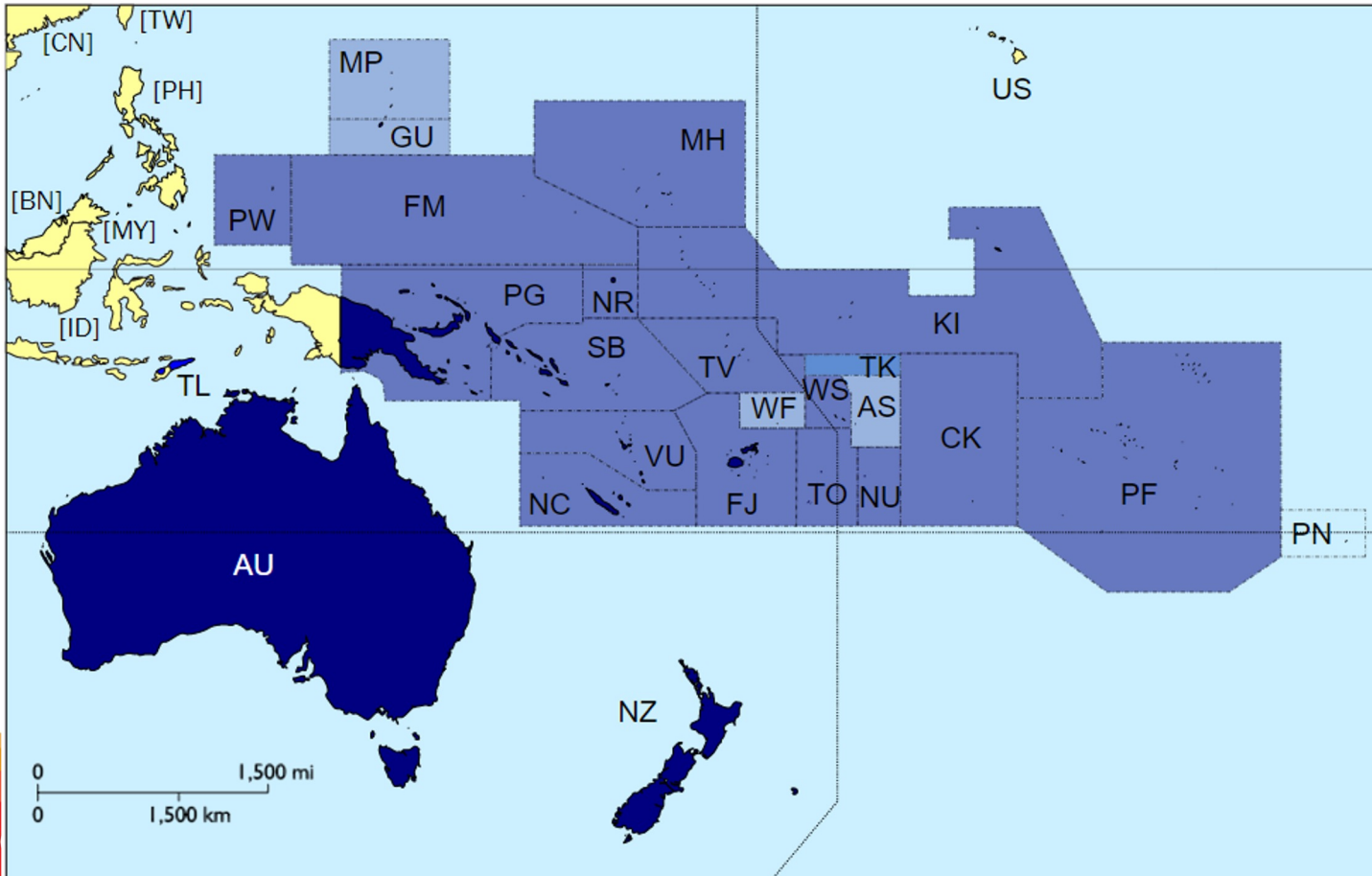
# Shared language

- **Central Asians:** Afghani, Armenian, Azerbaijani, Georgians, Kazakh, Kyrgyz, Mongolian, Tajik, Turkmen, Uzbek
- **East Asians:** Chinese, Japanese, Korean, Okinawan, Taiwanese, Tibetan
- **Native Hawaiians and Pacific Islanders:** (in the United States Jurisdictions & Territories) Carolinian, Chamorro, Chuukese, Fijian, Guamanian, Hawaiian, Kosraean, Marshallese, Native Hawaiian, Niuean, Palauan, Pohnpeian, Samoan, Tokelauan, Tongan, Yapese
- **Southeast Asians:** Bruneian, Burmese, Cambodian, Filipino, Hmong, Indonesian, Laotian, Malaysian, Mien, Papua New Guinean, Singaporean, Timorese, Thai, Vietnamese
- **South Asians:** Bangladeshi, Bhutanese, Indian, Maldivians, Nepali, Pakistani, Sri Lankan
- **West Asians:** This is a contested term, most people from the region do not self-identify as such. West Asia is typically referred to as the Middle East; and geographically includes the countries of Bahrain, Iran, Iraq, Israel, Jordan, Kuwait, Lebanon, Oman, Palestine, Qatar, Saudi Arabia, Syria, Turkey (straddles Europe and Asia) United Arab Emirates and Yemen

# Where do AANHPIs come from?



# Where do AANHPIs come from?





# AANHPIs in the U.S.

## Did you know?

- AANHPI's are the fastest growing population in the US and are projected to be the majority by 2065
- As of 2019, 22.9 million US residents identified as AANHPI

## According to 2019 census data

- Chinese 5.2 million
- Asian Indian 4.6 million
- Filipino 4.2 million
- Indian 4.0 million
- Vietnamese 2.2 million
- Korean 1.9 million
- Japanese 1.5 million
- Pakistani 500,000 hundred thousand

# AANHPIs in Chicago

- AANHPIs are the fastest growing population in Chicago
  - AANHPIs make up 7% of the city's 2.7 million residents
  - From 144,903 in 2010 to 189,857 in 2020 (a 31% increase)
    - Most exponential growth is on the South Side around Armour Square and as far west as Archer Heights

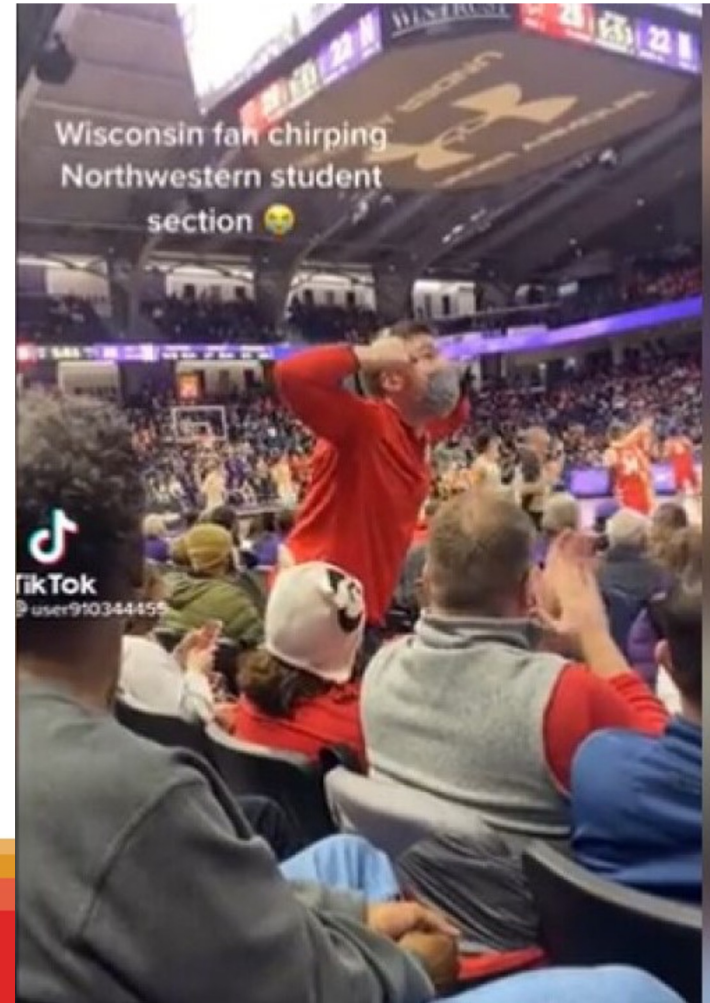
# AANHPI Stereotypes



# History of Anti-Asian racism in America



# Contemporary anti-Asian hate



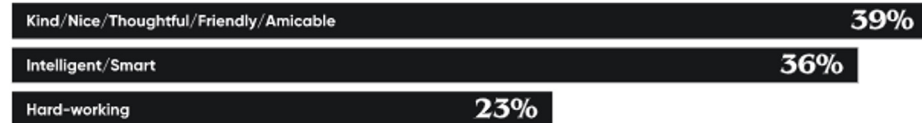
# 2022 STAATUS Index

## Respondents still see Asian Americans in “model minority” terms – as smart, nice, and hard-working

When asked what adjectives, or words, respondents would use to describe Asian Americans, the most common answers are “Intelligent/Smart,” “Kind/Nice/Thoughtful/Friendly/Amicable,” and “Hard-working.” These responses are consistent with the top answers from the 2021 survey, and continue to reflect damaging stereotypes from the “model minority” myth, which has harmed Asian Americans for decades.

What adjectives, or words, would you use to describe people in the U.S. who are ...?

### Asian Americans



### White Americans



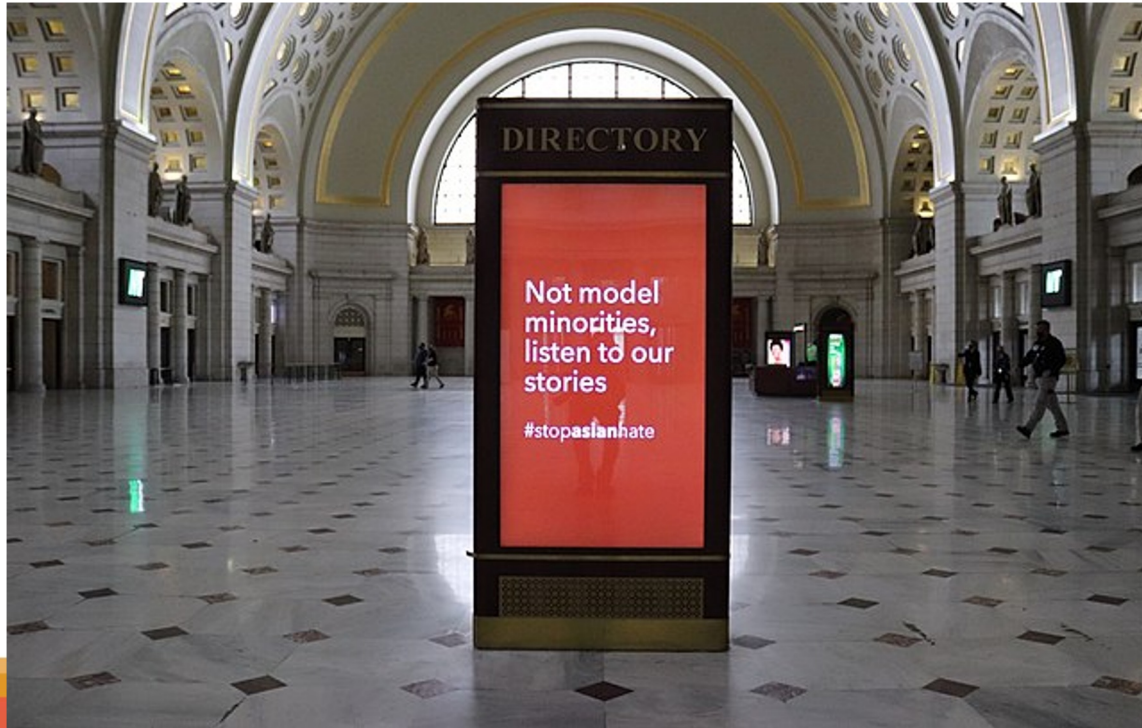
### Black Americans



### Latino Americans



# The Model Minority Myth



# The Myth of the Perpetual Foreigner



**33%** of Americans believe that Asian Americans are more loyal to their country of origin



**Asian Americans are among the least likely racial group in the U.S. to feel that they completely belong**

**29%** of Asian Americans completely agree that they feel like they belong and are accepted in the US

as compared to **61%** of White Americans

According to the 2022 STAATUS Index  
from The Asian American Foundation

# Anti-AANHPI Hate Incidents

Hate incidents increased by **339%** since 2021

**30%** of respondents did not know about the increase or falsely believed that attacks have decreased

According to the 2022 STAATUS Index

# National Trends

- Verbal harassment makes up **63%** of incidents
- Physical assault accounts for **16.2%** with deliberate avoidance of AANHPI's at **16.1%**
- Almost half (**48.7%**) of all hate incidents took place in public
- Hate incidents reported by women make up **61.8%** of all reports
- Chinese Americans continue to report the most hate incidents (**42.8%**)

# 'This Isn't Just a Problem for North America.' The Atlanta Shooting Highlights the Painful Reality of Rising Anti-Asian Violence Around the World



By —  
Frances Kai-  
Hwa Wang

## How violence against Asian Americans has grown and how to stop it, according to activists

Leave your  
feedback

# AANHPI Bullying

- **1 in 4** AANHPI youth experience bullying (2020 Stop AAPI Hate Youth Report based on interviews with 1,000 youth across the country)
  - **50%** of the youth in this same study expressed sadness or depression as a result of bullying
  - **25%** said they were scared for themselves or their families
- Leading cause of death for AANHPI youth (15-24 years old) is suicide (CDC)

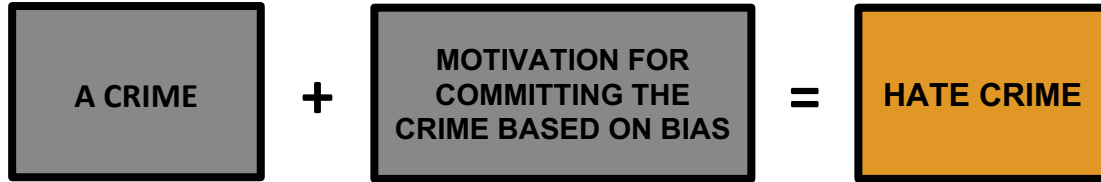
# TEAACH (Teaching Equitable Asian American Community History) Act

- Mandates that all public schools in IL include a unit of instruction studying the events of Asian American history
- “Experimenting with hate”
  - Younger people using hate speech or drawing hate symbols because they have just learned about these things for the first time in the context of Asian American history

# Common Terms

- **Discrimination** – the unequal treatment of persons for a reason unrelated to legal rights or abilities. (i.e. for housing, employment, education, etc.)
- **Bias** – the tendency for people to sort others into categories both implicitly and explicitly
- **Microaggression** – a statement, action, or incident regarded as an instance of indirect, subtle, or unintentional discrimination against members of a marginalized group such as a racial or ethnic minority

# *But First, What is a Hate Crime or a Hate Incident?*



In the simplest terms, a hate crime must include both "Hate" and a "Crime."

- Assault
- Battery
- Criminal Damage to Property
- Criminal Trespass
- Cyberstalking
- Intimidation
- Misdemeanor Theft
- Disorderly Conduct
- Intimidation by Physical Harm/Confinement
- Stalking

**Hate Incident** – Acts of prejudice that are not crimes and do not involve violence, threats, or property damage.



# How to spot a hate crime:

Signs that a crime was motivated by hate may include:

- The offender chooses the victim or property because they belonged to a protected group, like a certain religion or gender.
- The offender made written or verbal comments showing a prejudice.
- The crime happened on a date that is important for the victim's or offender's protected group.
- There is organized hate activity in the area.



# What can I do if I experienced hate?

## Secure your safety

*The first priority is to ensure your physical safety.*

### IN CASE OF EMERGENCY, dial 911

- You can state your preferred language for translation services.
- Seek medical attention, if necessary.
- If witnesses are present, ask them for support or intervention.

## Make a record

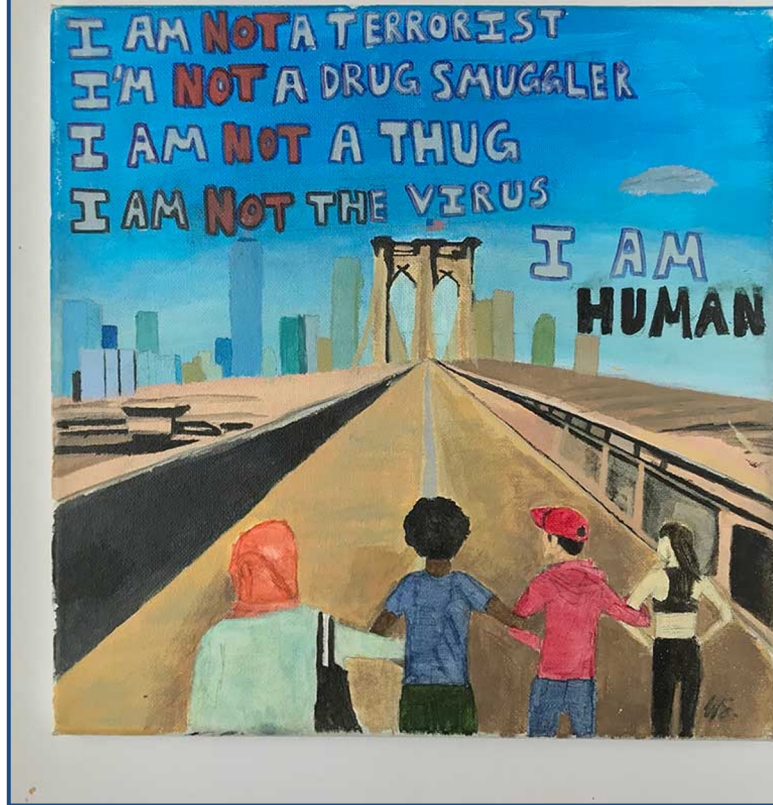
- Record what happened with as much detail as possible.
- A record can be important if you choose to pursue legal action.
- Photograph any physical injuries, offensive graffiti, property damage or other evidence.

## Seek support and report

If you have been affected by a hate crime or hate incident, know that you are not alone. There are people who want to help.

## 5 Things to Consider When Experiencing Hate

1. Safety First: Trust your instincts and assess your surroundings. If you feel unsafe and you are able to, leave the area.
2. Stay Calm: Take a deep breath, limit eye-contact, and maintain neutral body language.
3. Speak Out (If you can do so safely): In a calm and firm voice establish physical boundaries, and denounce their behavior and comments.
4. Seek Immediate Support: Ask bystanders for support or intervention.
5. Seek Emotional Support: Once you feel safe, take time to recover and reach out to someone to talk about what happened. Remember this is not your fault, and **you are not alone**.



# Anti-Hate Action Center

- **Protection:** working with elected officials, law enforcement, and policy makers
- **Prevention:** education efforts (like this one!)
- **Response:** immediate supports for victims and families
- **Data Tracking:** web reporting form



# How the Anti-Hate Action Center can help:

From a trauma-informed care approach, the Anti-Hate Action Center works to ensure that survivors of hate have access to comprehensive services such as mental health support and legal consultations.

## **CASL Behavioral Health and Clinical Services**

- Crisis intervention
- Counseling/Therapy
- Timely case management to restore balance & reduce the negative effects of crisis

## **CASL Legal Services**

- Legal consultation
- Legal referrals
- Crime victim support
- Assistance completing the Crime Victims Compensation application

# Reporting Options

Local Police

911

Federal Bureau of  
Investigation

FBI Chicago Field Office

Illinois Attorney General's  
Office

Civil Rights Bureau

CASL

AHAC

# Dominican University Resources

## **Campus Safety:**

Non-emergency: 708-524-5999

safety@dom.edu

## **Campus Security Authorities (CSA)**

## **Center for Cultural Liberation:**

708-524-6216

ccl@dom.edu

# What You Can Do?

- Spot the signs
  - AANHPI youth hate incidents often begin with verbal threats, taunts, and insults
    - Female identified AANHPI youth are more likely to be verbally harassed (71%)
    - Male identified AANHPI youth are almost twice as likely to experience physical assault (8.4%)
- Building trust
  - Is a student isolating or displaying significant behavior change?
  - What is their support system?



# The 5 'D's

- **Distract**- create a subtle way to take attention away from the person being harmed
- **Delegate**- scan a situation and identify who can help you intervene
- **Document** - take notes (verbal or written) on an incident. (if no one is intervening to stop the harassment or attack don't just take notes or film)
- **Direct** – (assess your own safety first) intervene in a clear and firm way
- **Delay** – after the incident has concluded, check in with the person who was harmed

As developed by 'Right to Be' (formerly Hollaback)

# Purdue reprimands campus official for mocking Asian remark

December 22, 2022



Click to copy

HAMMOND, Ind. (AP) — Purdue University said Thursday its Board of Trustees had formally reprimanded the top official of its northwestern Indiana campuses over his mocking of Asian languages during a recent commencement ceremony.



CNN

US

Crime + Justice

Energy + Environment

Extreme Weather

Space + Science

## Stabbing of student of Asian descent was motivated by race, suspect allegedly said. Now, another US community is pushing back on anti-AAPI hate



By [Tina Burnside](#), [Christine Sever](#) and [Dakin Andone](#), CNN

Updated 8:58 AM EST, Tue January 17, 2023



# *Scenario*

A group of university students are together in line at a coffee shop to place their orders before they all sit down to meet for their group project. When one of the students who is Asian American walks up to place her order, she and another customer accidentally bump into each other as the other customer tries to walk past the register. The customer yells at the student, “Hey, watch where you are going! You and your people should all go back where you came from! We don’t need you spreading more of the Kung Flu virus!”

# *Scenario*

The front door of an Asian American fraternity house was spray painted with graffiti that says, “Batmen live here! They eat bats and spread the China virus!”

# *Scenario*

Offensive material was posted on a Facebook group made for Pride events. The suspect had posted a homophobic comment. An individual responded, to which the suspect again posted with more homophobic and ignorant comments.

# Becoming an Informed and Active Ally

An important part of being an effective ally requires us to learn more about the issues that concern us. You can:

- Interrupt racist behavior in your communities
- Engage in positive activism to collectively voice issues with hate crimes and harassment and advocate for racial justice
- Support nonprofits that focus on community-based safety measures and restorative justice efforts like CASL's Anti-Hate Action Center, Stop AAPI Hate, and Asian Americans Advancing Justice.
- Engage in ongoing learning about the root causes of systemic racism. - We are all lifelong learners!

## Faculty and Staff:

- Regularly review campus security to continuously integrate better protective measures.
- Provide AANHPI colleagues and friends support by giving them a safe space to share about their concerns around anti-Asian hate and allow time to process the trauma that is affecting the AANHPI community.
- Empower AAPI students through affinity groups, student coalitions, and collective action towards educational and racial equity.
- Hold departments, units, and college leadership accountable to anti-racist policy and actions.
- Seek employee resource groups for any necessary support

# Amid a rise in hate crimes, Black and Asian Americans are standing together: 'Solidarity is the answer'

Christine Fernando and N'dea Yancey-Bragg USA TODAY

Published 8:19 a.m. ET Sept. 13, 2021 | Updated 11:47 a.m. ET Sept. 16, 2021



What are hate crimes? An informative look at what they are and why the rise

Chinese American Service League  
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# We must work together to combat all forms of hate



About Research Centers What We Do Resources Take Action

Donate



## Speak up against anti-Asian hate

Hate crimes, anti-immigrant bias and discriminatory acts against Asians and Asian Americans have significantly increased in the U.S. since the onset of the COVID-19 pandemic. Congress can take action by passing two resolutions that condemn this rising tide of hatred and aim to curb the damaging effects of hate, bias and violence to society. #StopAsianHate

Contact Congress



**Q + A**



# CASL Resources

- To report a hate incident: [antihate@caslservice.org](mailto:antihate@caslservice.org)
  - [www.caslservice.org/anti-hate](http://www.caslservice.org/anti-hate)
- Abbey Eusebio, Manager- Anti-Hate Action Center [abbey\\_eusebio@caslservice.org](mailto:abbey_eusebio@caslservice.org)  
312-725-5224 x3334
- Kevin Amaro, Community Engagement Specialist  
[kevin\\_amaro@caslservice.org](mailto:kevin_amaro@caslservice.org)  
312-929-4273 x3335

Hate Crimes Fact Sheet in Chinese, Korean, Vietnamese, and Spanish:  
<https://www.caslservice.org/legal-info/>

# Additional Resources

Stop AAPI Hate's most recent national report: <https://stopaapihate.org/wp-content/uploads/2022/07/Stop-AAPI-Hate-Year-2-Report.pdf>

TAAF Anti-Hate & Belonging Initiative: <https://www.taaf.org/antihate>

NAPABA: <https://www.napaba.org/page/HateCrimeResources>

Bystander Intervention Trainings: <https://www.advancingjustice-chicago.org/>

Act to Change: <https://acttochange.org/>

Learning for Justice: <https://www.learningforjustice.org/>

PBS Film - Asian Americans: <https://www.pbs.org/show/asian-americans/>

# Mental Health Resources

Seek spaces to talk about your experiences and perspectives on racial issues in a safe environment. One can look to culturally sustaining and responsive wellness services either through individual counseling or a support group.

- **CASL Behavioral Health Clinic and Services:** <https://www.caslservice.org/behavioral-health/>
- **National Asian American Pacific Islander Mental Health Association:** <https://www.naapimha.org/>
- **Asian American Psychological Association:** <https://aapaonline.org/>
- **Asian Mental Health Collective:** <https://www.asianmhc.org/>
- **NAMI Chicago:** <https://www.namichicago.org/resources>

**Thank you!!!**  
**Questions? Comments?**  
**We appreciate any**  
**feedback via our short**  
**survey.**